

# PEPPERMINT GROW KIT

POT GROW PO SEEDS

#### SPROUT TIME 10-14 DAYS HARVEST TIME 45-70 DAYS

PREP

Remove all components. The pot is for seed starting and is meant to biodegrade over time, it is not water tight. Use a coaster to protect surfaces from moisture.

**EXPAND** 

Place grow medium discs into pot. Add 1 tbsp of water at a time to expand, using your fingers to break apart. If grow medium is still dry, add 1 tbsp of water at a time until fully expanded.

DIANT

Sprinkle seeds on top of grow medium, do not bury mint seeds. Set pot in a warm, sunny spot or under a grow light. Keep your pot in temps between 65°F-70°F, use a heat mat if necessary.

PRO TIP: Cover top of pot with plastic wrap for the first 3-5 days to trap humidity and encourage sprouting.

GROW

Set a reminder to check grow medium every 2-3 days. If grow medium is dry, mist or add 1 tbsp of water. Transplant when sprouts reach 3-4" tall.



## LAVENDER GROW KIT



ОТ

GROW MEDIU

OG SEED!

# SPROUT TIME 14-28 DAYS HARVEST TIME 60-90 DAYS

**PREP** 

Remove all components. The pot is for seed starting and is meant to biodegrade over time, it is not water tight. Use a coaster to protect surfaces from moisture.

**EXPAND** 

Place grow medium discs into pot. Add 1 tbsp of water at a time to expand, using your fingers to break apart. If grow medium is still dry, add 1 tbsp of water at a time until fully expanded.

PLANT

Sprinkle seeds on top of grow medium, do not bury lavender seeds. Set pot in a warm, sunny spot or under a grow light. Keep your pot in temps between 65°F-70°F, use a heat mat if necessary.

PRO TIP: Cover top of pot with plastic wrap for the first 3-5 days to trap humidity and encourage sprouting.

GROW

Set a reminder to check grow medium every 2-3 days. If grow medium is dry, mist or add 1 tbsp of water. Transplant when sprouts reach 3-4" tall.

modern sprout<sub>®</sub>



# **BASIL GROW KIT**

POT

GROW

OO SEEDS

### SPROUT TIME 5-10 DAYS

# HARVEST TIME 45-70 DAYS

PREP

Remove all components. The pot is for seed starting and is meant to biodegrade over time, it is not water tight. Use a coaster to protect surfaces from moisture.

**EXPAND** 

Place grow medium discs into pot. Add 1 tbsp of water at a time to expand, using your fingers to break apart. If grow medium is still dry, add 1 tbsp of water at a time until fully expanded.

**PLANT** 

Sprinkle seeds on top of grow medium, press \%" deep into grow medium. Set pot in a warm, sunny spot or under a grow light. Keep your pot in temps between 65°F-70°F, use a heat mat if necessary.

PRO TIP: Cover top of pot with plastic wrap for the first 3-5 days to trap humidity and encourage sprouting.

GROW

Set a reminder to check grow medium every 2-3 days. If grow medium is dry, mist or add 1 tbsp of water. Transplant when sprouts reach 3-4" tall.

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