

modern sprout.

# LAVENDER GROW KIT

## INCLUDES:



Vessel



Plant  
Food



Grow  
Medium



Non-GMO  
Seeds



Net  
Pot

## INSTRUCTIONS

01



### SET UP

Remove all components including net pot from vessel. Pour  $\frac{1}{2}$  cup of water into the vessel.

02



### RINSE

Complete this step in a sink with a covered drain. Pour grow medium into the net pot; rinse thoroughly until the water runs clear. Insert net pot back into the vessel.

03



### PLANT

Sprinkle seeds evenly onto the surface of the grow medium.

04



### SUN

Place vessel in a sunny window and wait for the first sprouts to appear. See seed timing below. Save the plant food for when the seeds sprout.

## ONCE SPROUTS APPEAR

05



### NUTRIENTS

Once sprouts appear, remove the net pot and empty the vessel. Refill with  $\frac{1}{2}$  cup water and a pinch of plant food (use a half-filled  $\frac{1}{8}$  tsp measuring spoon). Stir to dissolve. Return the net pot to the vessel. Store plant food in a sealed bag after opening.

06



1X  
WEEK

1X  
MONTH

### ONGOING

Replace the water completely once a week. Add plant food to the water once a month.

07



### KEEP IT GROWING

Do not let the vessel dry out. Remove the net pot from the vessel when watering. Avoid watering over the seeds as it could disrupt sprouts.

## FIELD NOTES

- Poppy seeds sprout in 14–28 days.
- Place in 6–8 hours of direct sunlight (unobstructed window) to partial shade or use a grow light.
- Maintain 60–70°F for best germination.
- If below 55°F, move away from windows.
- In dry climates, cover loosely with plastic wrap to create a greenhouse effect until sprouts are established.
- For a larger plant, transplant outdoors in a sunny spot after threat of frost has passed. Gently remove the plant; if roots have grown into the net pot, plant it directly and retrieve the net pot after the season.

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# POPPY GROW KIT

## INCLUDES:



Vessel



Plant  
Food



Grow  
Medium



Non-GMO  
Seeds



Net  
Pot

## INSTRUCTIONS

01



### SET UP

Remove all components including net pot from vessel. Pour ½ cup of water into the vessel.

02



### RINSE

Complete this step in a sink with a covered drain. Pour grow medium into the net pot; rinse thoroughly until the water runs clear. Insert net pot back into the vessel.

03



### PLANT

Sprinkle seeds evenly onto the surface of the grow medium.

04



### SUN

Place vessel in a sunny window and wait for the first sprouts to appear. See seed timing below. Save the plant food for when the seeds sprout.

## ONCE SPROUTS APPEAR

05



### NUTRIENTS

Once sprouts appear, remove the net pot and empty the vessel. Refill with ½ cup water and a pinch of plant food (use a half-filled ⅛ tsp measuring spoon). Stir to dissolve. Return the net pot to the vessel. Store plant food in a sealed bag after opening.

06



1X  
WEEK

1X  
MONTH

### ONGOING

Replace the water completely once a week. Add plant food to the water once a month.

07



### KEEP IT GROWING

Do not let the vessel dry out. Remove the net pot from the vessel when watering. Avoid watering over the seeds as it could disrupt sprouts.

## FIELD NOTES

- Poppy seeds sprout in 14–28 days.
- Place in 3–8 hours of direct sunlight (unobstructed window) to partial shade or use a grow light.
- Maintain 50–60°F for best germination.
- If below 50°F, move away from windows.
- In dry climates, cover loosely with plastic wrap to create a greenhouse effect until sprouts are established.
- For a larger plant, transplant outdoors in a sunny spot after threat of frost has passed. Gently remove the plant; if roots have grown into the net pot, plant it directly and retrieve the net pot after the season.





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# DAISY GROW KIT

## INCLUDES:



Vessel



Plant  
Food



Grow  
Medium



Non-GMO  
Seeds



Net  
Pot

## INSTRUCTIONS

01



### SET UP

Remove all components including net pot from vessel. Pour ½ cup of water into the vessel.

02



### RINSE

Complete this step in a sink with a covered drain. Pour grow medium into the net pot; rinse thoroughly until the water runs clear. Insert net pot back into the vessel.

03



### PLANT

Sprinkle seeds evenly onto the surface of the grow medium.

04



### SUN

Place vessel in a sunny window and wait for the first sprouts to appear. See seed timing below. Save the plant food for when the seeds sprout.

## ONCE SPROUTS APPEAR

05



### NUTRIENTS

Once sprouts appear, remove the net pot and empty the vessel. Refill with ½ cup water and a pinch of plant food (use a half-filled ⅛ tsp measuring spoon). Stir to dissolve. Return the net pot to the vessel. Store plant food in a sealed bag after opening.

06



1X  
WEEK

1X  
MONTH

### ONGOING

Replace the water completely once a week. Add plant food to the water once a month.

07



### KEEP IT GROWING

Do not let the vessel dry out. Remove the net pot from the vessel when watering. Avoid watering over the seeds as it could disrupt sprouts.

## FIELD NOTES

- Poppy seeds sprout in 14–21 days.
- Place in 3–8 hours of direct sunlight (unobstructed window) to partial shade or use a grow light.
- Maintain 65–75°F for best germination.
- If below 50°F, move away from windows.
- In dry climates, cover loosely with plastic wrap to create a greenhouse effect until sprouts are established.
- For a larger plant, transplant outdoors in a sunny spot after threat of frost has passed. Gently remove the plant; if roots have grown into the net pot, plant it directly and retrieve the net pot after the season.