

# strawberry grow kit

Start Seeds Indoors 6-8 Weeks Before the Last Frost  
Sprout Time: 14-28 Days | Harvest Time: 70-90 Days



NON-GMO  
SEEDS



GROW  
MEDIUM



**PREP** Place grow medium discs into can. Add water, 1 tbsp at a time, breaking apart the discs with your fingers until fully expanded. Repeat as needed.



**PLANT** Sprinkle seeds on top and push just below the surface.



**GROW** Set in a warm, sunny spot or under a grow light. Check grow medium every 2-3 days; if dry, add  $\frac{1}{3}$  C of water.

Once sprouts are established, transplant outside when temps stay above 55°, in a spot with 3-8 hours sunlight. Water often, fertilize monthly.

Dig Deeper at [modernsprout.com](https://modernsprout.com)  
Intended for Ages 3+ with Adult Supervision

# prickly pear cactus grow kit

Start Seeds Indoors During Spring, Summer Months

Sprout Time: 14-30 Days



NON-GMO  
SEEDS



GROW  
MEDIUM



**PREP** Place grow medium discs into can. Add water, 1 tbsp at a time, breaking apart the discs with your fingers until fully expanded. Repeat as needed.



**PLANT** Sprinkle seeds on top and push just below the surface.



**GROW** Set in a warm, sunny spot or under a grow light. Check grow medium every 2-3 days; if dry, spray with a little water. Once sprouts develop, add  $\frac{1}{8}$  C water. For continued care check grow medium every 1-2 months, and when completely dry add  $\frac{1}{8}$  C water. Fertilize two times per year.

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Intended for Ages 3+ with Adult Supervision

# mini sunflower grow kit

Start Seeds Indoors 4-6 Weeks Before the Last Frost  
Sprout Time: 7-14 Days | Bloom Time: 50-60 Days



**NON-GMO  
SEEDS**



**GROW  
MEDIUM**



**PREP** Place grow medium discs into can. Add water, 1 tbsp at a time, breaking apart the discs with your fingers until fully expanded. Repeat as needed.



**PLANT** Sprinkle seeds on top and push just below the surface.



**GROW** Set in a warm, sunny spot or under a grow light. Check grow medium every 2-3 days; if dry, add  $\frac{1}{3}$  C of water.

Once sprouts are established, transplant outside when temps stay above 55°, in a spot with 6-8 hours sunlight. Water often, fertilize monthly.

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# cherry tomato grow kit

Start Seeds Indoors 4-6 Weeks Before the Last Frost  
Sprout Time: 7-14 Days | Harvest Time: 60-85 Days



ORGANIC  
SEEDS



GROW  
MEDIUM



**PREP** Place grow medium discs into can. Add water, 1 tbsp at a time, breaking apart the discs with your fingers until fully expanded. Repeat as needed.



**PLANT** Sprinkle seeds on top and push just below the surface.



**GROW** Set in a warm, sunny spot or under a grow light. Check grow medium every 2-3 days; if dry, add  $\frac{1}{3}$  C of water.

Once sprouts are established, transplant outside when temps stay above 55°, in a spot with 6-8 hours sunlight. Water often, fertilize monthly.

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